

Say **Yes** to Safe Sleep Pledge

My Say **Yes** to Safe Sleep Pledge to: _____
Name of baby

I love you and promise to:

- Make sure that you always sleep alone, and on your back, in your crib, bassinet or pack and play, even during naptimes.
- Check to make sure your crib is safety approved, and the mattress is firm and fits close to the sides of the crib, bassinet or pack and play.
- Remove toys, heavy or loose blankets, and bumper pads from your crib, bassinet or pack and play.
- Keep you away from places where people smoke or vape.
- Teach anyone who takes care of you about keeping you safe when you sleep.

Signature: _____ Date _____

Signature: _____ Date _____

