**Say YES To Safe Sleep Training Module**

**Post-Test Questions True or False**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of training\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**WV STARS number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** (needed only if you are on the Career Pathway)

1. Sleep related deaths are the leading cause of death of infants between one month and one year of age.

\_\_\_True

\_\_\_False

1. Current research suggests that a convergence of factors may lead to sudden unexpected infant deaths. This theory is called the Triple Risk model.

\_\_\_True

\_\_\_False

1. Increases in soft bedding use and bed sharing are contributing factors in the rise of sudden unexpected infant deaths.

\_\_\_True

\_\_\_False

1. A safe sleep environment for infants includes both a firm mattress and crib bumpers.

\_\_\_True

\_\_\_False

1. Appropriate environments for delivering infant safe sleep education include during pregnancy, immediately following delivery of the baby, and at well-baby visits.

\_\_\_True

\_\_\_False

1. Parents and caretakers are more likely to follow infant safe sleep recommendations when they receive education from multiple providers and observe others modeling safe sleep practices.

\_\_\_True

\_\_\_False