



West Virginia Infant/Toddler  
Mental Health Association

*Supporting the social and emotional well-being of children*



# A NEW RESOURCE... WV PREPAREDNESS FOR EMERGENCY RESPONSE TOOLKIT

## A Social-Emotional Relational Approach

### What is this new resource?

This comprehensive toolkit offers a framework in thinking through emergency preparedness plans in a developmentally appropriate and trauma informed manner to further the social emotional development of infants and young children.

### What is covered?

This toolkit is divided into three sections: emergency preparedness, emergency response, and emergency recovery. Each section focuses on the social and emotional needs of infants, young children, and their families. Resources by disaster type are provided at the end of the toolkit.

### Key considerations for emotional regulation during emergency situations

- Both children and adults experience intense feelings such as fear or helplessness during emergencies.
- Children and adults who have been exposed to adverse experiences early in their lives might have increased difficulty managing and coping after an emergency.
- All children, because of their developmental immaturity, will require extra support with emotional regulation during times of stress.



**Access the full  
document here**

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[nurturingwvbabies.org](http://nurturingwvbabies.org)